

# Young at heart club

## NEWSLETTER

ISSUE

08

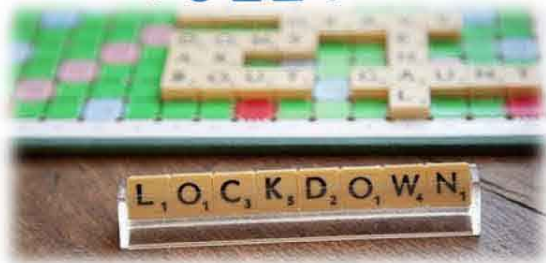
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Here we go again! The second Lockdown, which is vital to help us protect our NHS and save lives has started.

It is important that we all keep positive. The Young at Heart Club is here to help you get through these unprecedented times.



Our ChitChat service is available to all club members and we will continue to send you this regular Newsletter. We would love to see your photo's or receive your anecdotes and stories to share with other members.

If you simply want to talk to someone, then Diana and Lloyd are contactable on 07704 040 399.

Regrettably, this year's Christmas Party is cancelled.

# Chatter Box

HAPPY BIRTHDAY-ZENA

We hope you had a lovely day.



Chit

Chat

There is no need to feel lonely. Pick up the phone and Chat with friends! – Join ChitChat it's FREE. Phone Lloyd & Diana for more details 07704 040 399.

*It's lovely to Keep in Touch*

*I can Chat with several friends, all with one call and I DON'T need the internet!*



New Club Member-MAGS with her daughter Pam

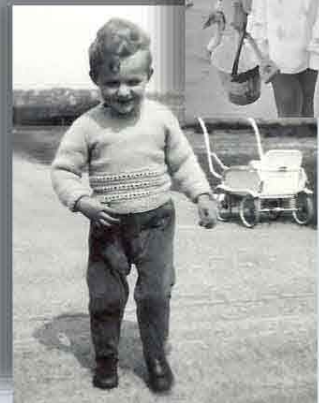


Beautiful Hibiscus sent in by Club Member Jenny

This Months Photo's

## Guess Who?

Faces from the Club.





# Autumn

# Colour



Phone 07704 040 399

# Fun & Games



Can you Name these British TV Sitcoms?

Try to name as many characters as you can!



1.



2.



3.



4.

Did You know...

Your foot has 26 bones in it.

Women blink twice as much as men.

You shed a complete layer of skin every 4 weeks.

## Anagrams

Unscramble and combine these words to make 5 British Birds

Code keeper wrong \_\_\_\_\_

Arse how porus \_\_\_\_\_

Hiking refs \_\_\_\_\_

Apt Delia wig \_\_\_\_\_

Giant pram \_\_\_\_\_

What is this?



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